



Peaceful Pathways to Conflict Resolution

AVP Youth Program for Schools

Credit of 1 WACE unit as an Endorsed Program

Do you need an effective program to address the Social & Emotional Learning Core Competencies?
Do your students need to better understand how to handle conflict in school and at home?



Taken from the Collaborative for Academic, Social and Emotional Learning
<http://www.casel.org/social-and-emotional-learning/core-competencies/>

Description of Program

BASIC Level workshop:

This very practical and interactive course introduces students to strategies for conflict resolution. Through exercises, discussions and games it covers the themes of affirmation, communication, co-operation, community building and trust which lead to peaceful pathways for transforming a potentially violent situation, into a peaceful one.

ADVANCED Level workshop

Students have the opportunity to further develop these strategies and skills. Students choose by consensus, to explore in more depth topics such as fear, anger, stereotyping, power and powerlessness and forgiveness.

TRAINING FOR FACILITATORS Level workshop

This course provides students opportunities to practice facilitating interactive learning activities with each other and eventually to facilitate Peaceful Pathways courses for others.

Learning Outcomes

- use community building and self-affirmation skills
- identify strategies for conflict transformation and resolution
- use a variety of conflict transformation strategies
- identify the strategies of negotiation.



Alternatives to Violence Project – WA (Inc.)

Peaceful Pathways to Conflict Resolution

Delivery of Programs

- The programs will be delivered by trained AVP facilitators who have themselves completed the three levels (Basic, Advanced and T4F).
- A workshop team is most likely made up of a combination of experienced and apprentice facilitators. The ideal number of participants is 15 or 16.
- There are a variety of modes of delivery possible including overnight camps, weekends or weekly sessions

Program costs: \$400 for each workshop (negotiable)

Program Length

- Peaceful Pathways Basic: 18-20 hours
- Peaceful Pathways Advanced: 18-20 hours
- Peaceful Pathways Training for Facilitators (T4F): 18-20 hours
- To gain credit for the equivalent of one WACE unit, a student will need to undertake the three levels of the Peaceful Pathways workshop pathway over a 2-3 year period.

Reported outcomes from previous schools

A range of positive impacts on individuals were reported by adults and students alike

- conflict resolution skills, communication skills, community building, caring for others, empathy and tolerance.
- self-confidence, self-efficacy, a wider circle of friends, opportunities to explore leadership and to be seen as a leader, self-awareness, options and choices for decisions and actions

Positive comments about PP workshop processes included

- the creation of an atmosphere in which participants felt welcome
- the experiential learning approaches used
- it was fun and active
- that there were no right or wrong answers
- experiences such as role plays, journaling and the use of the mandala were all found to be valuable
- learning facilitation skills
- the activities in general were seen to be meaningful and affirming
- participants learnt how to give and receive feedback
- the development of trust and the importance placed on confidentiality
- the difference in the relationship between adults and students compared with their school experiences

(Taken from *Evaluation of Peaceful Pathways*, Anna Alderson, Rosemary Cant, Olwyn Maddock, September 2015)

Further information:

See contact details below. We would be pleased to visit your school to discuss the arrangements or make a presentation to staff or students.

